

D-200 External Catheters “Condom Catheters” or “Texas Catheters”

Purpose

Provide an external urinary drainage system as an adjunct to continence management.

Prevent skin irritation/breakdown.

Applies To

Registered Nurses

Licensed Practical/Vocational Nurses

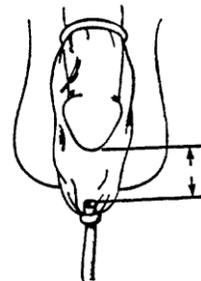
Other (*Identify*): _____

Equipment/Supplies

- Rubber condom sheath of appropriate size.
- Velcro or elastic sheath holder; hypoallergenic tape.
- Urinary collection bag and drainage tubing.
- Soap, warm water, basin, washcloth and towels.
- Disposable non-sterile gloves.

Procedure:

1. Wash hands. Refer to the Hand Washing procedure.
2. Don clean, gloves.
3. Explain the procedure to the client/caregiver.
4. Position the client in supine position with waterproof pad or towel under buttocks.
5. Wash the penis with soap and water and dry. If the client is not circumcised, retract the foreskin and cleanse meatus. Drape the client for privacy.
6. Hold the penis at a 90° angle and roll condom over penis, leaving approximately one to two inches between end of penis and condom connection site.
7. Secure condom catheter with sheath holder to completely encircle penis at about one to two inches from base.
8. Connect condom catheter to drainage system. Tape to prevent dislodging.
9. Remove gloves and discard disposable items according to the Agency Waste Disposal Policy.
10. Wash hands. Refer to the Hand Washing procedure.



External Catheter Management

1. Change condom catheter daily.
2. Wash penis, including under the foreskin if not circumcised, with soap and water at least daily.
3. If the client is not circumcised, the foreskin must be pulled down over the head of the penis after cleansing to prevent swelling.
4. Do not use condom catheter if the penis becomes discolored or swollen.

Documentation guidelines

Document in the clinical record:

1. Condom application.
2. Condition of the skin.
3. Voiding pattern.

Related Procedures

None

Policy History

Approval Date	11/1/2009
Approved By	Anne Tyson, Herman Pippin, Sandra Hill
Revision Date	12/31/2009
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